



CAPSI Reconciliation and Indigenous Health Resource

CAPSI recognizes the health disparities which Indigenous individuals continue to face in the present day. In order to provide optimal care for Indigenous individuals, we must understand the history, wellness practices and health experiences of Indigenous people. The below resource is aimed to help pharmacists bridge their gaps in knowledge regarding Indigenous health and aid in the continual process of reconciliation (a duty for all settlers of Canada).

This is a working document, if you have additional resources that you would feel would be helpful or have trouble accessing links please email CAPSI Webmaster: webmaster@capsi.ca

Resources relating to Indigenous Health and Pharmacy Practice

- **Indigenous Peoples [Terminology](#)** (Who are Indigenous people? Who are Metis, Inuit and First Nations people? What terms are appropriate?)
- **Non-Insured Health Benefits (NIHB) [Infographic](#)** (Who has access to NIHB, what does it cover, OTC products covered, how can we optimize coverage in the pharmacy?)
- **[Status Explained](#)** (what does it mean to have Status under the Indian Act? What does membership mean?)
- **Indigenous Health Practices and history of Indigenous Healthcare [Experiences](#)** (Indigenous health practices pre-colonization, impacts of colonization, and current health practices)
- **First Nation [Perspective on Wellness](#)**
- **[CPhA resources](#) relating to Indigenous health and pharmacy** (Traditional EBM through an Indigenous lens, Indigenous health and Pharmacy)
- **[Cultural Safety](#) and Indigenous Health**
- **Dr. Jaris Swidrovich's [Presentation](#)** (Indigenous Awareness and Effective Interaction Strategies for Health Care Professionals Panel)
- **[Indigenous Crisis Helplines](#)**

Resources on reconciliation and how you can help with the reconciliation process

- **Project ON - [Settler's Take Action](#)** (Individual steps you can take to help with the process of reconciliation, includes a list of organizations aiding in reconciliation, publications and books by Indigenous authors)
- **Reconciliation Canada [Toolkit](#)** (starting the conversation about reconciliation with your social and professional circles)
- **[Indigenous History Month 2021](#)**
- **[Truth and Reconciliation Commission of Canada's Calls to Action](#)** (#18-24 pertaining to health care)



Organizations aiding in the Reconciliations process

- [Orange Shirt Day](#)
- [Indigenous Residential School Survivors](#)
- [Legacy of Hope Foundation](#)
- [National Centre for Truth and Reconciliation - University of Manitoba](#)
- [The Gord Downie & Chanie Wenjack Fund](#)
- [The Witness Blanket](#)
- [Save the Evidence Campaign](#)
- [Circles for Reconciliation](#)
- [Reconciliation Canada](#)
- [4Rs Youth Movement](#)
- [Canadian Roots Exchange](#)