

Appendix 2 - PDW School Reports

UNIVERSITY OF BRITISH COLUMBIA

CAPSI/CSHP Symposium (November, 2010)

CAPSI UBC collaborated with the Canadian Society of Hospital Pharmacists (CSHP) BC Branch to provide an opportunity for students to interact with clinical pharmacists and learn about hospital pharmacy. This year they employed a style where students rotated around tables to interact with the hospital pharmacists more personally. Student feedback was positive in favour of this interactive style as opposed to a lecture/presentation.

CAPSI Competitions (November, 2010)

The CAPSI Competitions (Compounding Competition, OTC Counselling Competition, and Patient Interview Competition) were well attended. The Student Literary Challenge received one submission. For the Compounding Competition, making a troche was not taught in the curriculum. However, students generally expected making something unexpected considering that this was a competition.

CAPSI Jeopardy (November, 2010)

There were 5 teams of 4 people each (two teams from 2nd year and 3 teams from 3rd year). We had questions ranging from bylaws to drug knowledge and compounding, etc. all the participants were very enthused for the competitions and participated fully. Rattlers were used and the teams that knew the answers made noise using rattlers. The competition went very well. One of the 2nd year teams won the competition and one of the 3rd year teams won both the second place prize as well as the best dressed team.

IPSF Health Campaign (November 15th-19th, then November 29th-December 3rd, 2010)

The UBC Campaign promoted care for patients with diabetes and healthy living. Several events/activities took place including a contest asking the students to submit a list of all non-drug measures for diabetes, completion of a short quiz about diabetes, counselling competition on how to use an insulin pen, a diabetes-friendly bake sale where students made desserts low in sugar and fat and donated profits (\$66.34) from this dessert sale to the Canadian Diabetes Association, in-class aerobics, and a free yoga session. The campaign reached out to both pharmacy and non-pharmacy students and in particular, the in-class aerobics led by CAPSI executives were received well by the students.

Christmas Candy Grams (December)

CAPSI UBC prepared candy grams and distributed them to students and faculty members the week before exams as a fundraiser.

PDW Presentation – January, 2011

This pre-trip presentation was held on general information, events schedule, Pharmafacts Bowl, conduct, and the educational policy for UBC delegates. Delegates present at the meeting signed the educational policy.

UNIVERSITY OF ALBERTA

Inaugural Mr. Pharmacy Pageant

- CAPSI was asked to host the event. There were 8 students (2 from each year nominated). They had an introduction video, counting competition, swimsuit competition, formal wear, talent, and Q & A. APSA council members were responsible to get a prize or silent auction item. There were i-pods, Oilers tickets, spa treatments, Earl's tables.
- There were 230 people (\$10/ticket) and the cost to run the production was \$2000. Rexall sponsored \$600 and had reps come out to hand out the prize. There were faculty and student judges and a dozen faculty members attended. About \$6000 was raised. The idea came from the local IPSF Representative Mychan Mai.
- Proceeds went to Prostate Cancer Canada. There was also a competition for the nicest and greasiest moustache for audience members and door prizes.
- Talent's included violin, stand up comedy, ventriloquism, and song and dance.

Student Literary Competition

- There was a total of 5 submissions

PDW Planning

- Shirt designs were submitted and ordered.
- A bus was arranged for 97 students to come. It was a lot of work and very time consuming; however, it helped with the promotion of PDW.
- Attendance has grown from 13 to 68 students (2009) to 128 (2010).

PAW Planning

- Peter Zawaski has been hard to get in touch with

Axiz Financial presentation to 4th year students

- It is suggested to target 3rd year students as well, and then follow up with 4th years.

Budget Adjustments

- M. Zhang's email in the beginning of the year was very helpful!

UNIVERSITY OF SASKATCHEWAN

Ax-iz Financial solutions presentation

- 76 students attended
- A. Lamb met with the local representative before the presentation; he was mostly interested in what OUR organization was, not vice versa.

CPhA presentation by Leah Phillips and Janet Bradshaw for 1st years: back to back with PAS presentation

PAW Preparation

Confirmed:

- Admissions Information night
- Mentor Night
- Outreach Program
- Opening Ceremonies/Ribbon Cutting with Nutrition month
- 2nd year OTC competition
- 1st year jeopardy

Tentative:

- Harm Reduction: Methadone Clinics
- Seminar: environmentalism
- Lunch hour tunnel booths: dispelling myths, cough and cold
- Coordination with the PPCWG
- Attendance of Saskatchewan Minister for Health

IPSF Health Campaign

- Diabetes facts, Tim's gift card for winner
- Aboriginal Diabetes Educator (with healthy snacks): Approximately 40 attended
- International Diabetes (with healthy snacks): Approximately 40 attended
- Movie on Diabetes: Bittersweet
- Interactive presentation on Diabetes nutrition by nutrition grads (dieticians): Approximately 20 attended

Significant **PDW preparation** and correspondence:

- volunteers (over 100) with almost 200 students coming
- Meeting with **CAPSI National election candidates**
- **PDW Pharmafacts shirts**: SK pharmacists, we know our field! Designed, ordered, distributed
- **Presentation by Peter Zawadski** may not happen. It was planned for post PDW but since he is no longer attending PDW, an alternate symposium speaker (possibly Janet Bradshaw) may be necessary
- **Guy Genest award** – took a long time to determine the winner this year



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UNIVERSITY OF MANITOBA

- All competitions went smoothly.
- Involvement was similar to last year, which was good compared to previous years.
- PDW fundraising began after the competitions.
- Fundraisers that were done this year include: wine raffle, 50/50, and Mom's Pantry
- Overall, there was a decent number of students signed up for PDW (41 total)

Events planned after PDW:

- Symposium planned to occur in February
- PAW the 1st week of March
- This year they are teaming up with the Manitoba Society of Pharmacists and students will be going to pharmacies to do presentations on smoking cessation, cough and cold, etc. Starting to plan for the Mock OSCE, which will take place on Saturday March 5th
- Outreach programs have officially been incorporated into the 1st years' curriculum.
 - This is one of the options available for the students as part of the volunteering hours they have to complete

UNIVERSITY OF WATERLOO

Mock OSCEs for 4th years

- Held Monday Jan 3rd from 12-3pm and Tuesday Jan 4th from 7-10pm prior to the pass/fail OSCE, which was held Thursday Jan 6th
- Recruited 7 professors to provide feedback to students and 3 standardized patients which were CAPSI council members
- Had 2 different cases, one for Monday and one for Tuesday.
- The students had 10 minutes to interview the standardized patient as well as provide any counselling/recommendations. There was then 5 minutes for the professors and standardized patient to provide feedback.
- Had 1 room going on Monday with two professors providing feedback which allowed for 12 timeslots
- Had 3 rooms going on Tuesday with two rooms having two professors providing feedback and one room having a professor and CAPSI rep providing feedback. This night allowed for 32 timeslots.
- There were 44 timeslots in total
- CAPSI members were charged \$10 to participate and non-CAPSI members were charged \$15
- The majority of the money went to providing the professors with gift certificates for donating their time and the remainder of the profit went to local CAPSI council
- This event was extremely successful! All spots filled within 1 day of opening registration and there was a wait list that had 6 students on it.
- Students really appreciated the opportunity to practice before their pass/fail exam as well as they valued the feedback that was provided to them.
- UofW CAPSI plans on offering this every year.

Membership drive for first years

- UofW CAPSI council did a lunch and learn for first years this past Friday during their orientation week. A pizza lunch was provided and students were given background information on CAPSI; each local council member introduced his or her self and explained his or her role, explained to them the positions that are currently open on local council, and Jeannine Oliver provided an explanation of CAPSI national. The PDW video was played and explained why they should join CAPSI and CPhA.
- With only 10 minutes left for membership there were 20 people who signed up - not everyone knew to bring their membership money with them
- There was another membership drive during their 1/2 lunch on Monday and had 6 more people sign up
- So far there are 26 people signed up which is 22% of their class in the first week of school.
- Council members not attending PDW are offering membership sign up tomorrow at lunch.
- There have been many questions about how to get involved with CAPSI as well as about the available positions and when they can apply

There will be **elections** or acceptance of applications for two positions on **local council**

- Rx 2014 class rep - to be elected by their class

- Jr. IPSF rep - application process

Diabetes Awareness Week

- Almost finished the planning of diabetes awareness week. It is scheduled for the last week in January.
- It was not possible to run this in December as planned because only one class was in classes and there was only one council member in class (Jenny Seguin). Therefore, it was decided to postpone it to January when there were three classes on campus and all council members in school except Jenny.
- Events planned:
- Monday: Diabetic friendly bake sale (along with recipes)
- Tuesday: Guest Speaker - Joanne, a diabetes educator from a community pharmacy who will discuss what pharmacists do as an educator (*free for CAPSI members*)
- Wednesday: A day for reflection
- Thursday: A personal trainer coming in at lunch to talk about fitness and offer a Zumba lesson for us (*free for CAPSI members*)
- Friday: Diabetes devices product reps coming in for a trade show to explain the products and how to use them (*free for CAPSI members*)

Currently Planning a **CPhA lunch and learn** for students

- Awaiting a date

Currently Planning **Axis financial**

- Postponed it to this semester considering all 4th years were on co-op
- Have recently communicated with the presenter telling him the availability for lunches and am waiting for him to pick a date.

Currently Planning the **Harms Reduction Symposium**

- Arranging to have a previous employer come in to talk about methadone maintenance

J. Seguin planned and ordered the pharmafacts t-shirts

UNIVERSITY OF TORONTO

- Held the **compounding competition**, with 11 of the 12 registered teams present. There was food (fruit/vegetables trays and chips). The event was a big success.
- After extending the deadline, 5 applications were received for **SLC** (two more than last year)
- The 2nd annual **Mock OSCE** was held on November 20th. There were 56 participants and almost as many volunteers. It was a lot of work but very much appreciated. Another round next semester might take place due to popular demand.
- The **CPhA Lunch and Learn** took place in late November. Pizza and pop was served, and there were approximately 125 students who attended.
- A **PDW information presentation** was organized, where students signed the PDW attendance protocol, election of the Bachelor/Bachelorette, and selection of the t-shirt design, etc.



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UNIVERSITÉ DE MONTRÉAL

- Nothing to report since the fall teleconference

UNIVERSITÉ LAVAL

1) Competitions

- All were fairly well attended
- Literary competition : 3 students
- Compounding : 4 teams
- PIC : 6 students
- OTC : 5 students

- The students are videotaped during the competitions (OTC, PIC) which allows the judges (professors) to give feedback later on the performance. The students really like this method. They thought the cases were a bit hard, especially the compounding.
- The judges would like the correction sheet to be a little less exhaustive.

2) Preparing for PDW

- 24 students from ULaval attended PDW 2011
- It was harder to convince students to attend because of the plane ticket cost.

3) Planning a lunch and learn in January with CPhA

- There should be about 70 students attending at the end of January or beginning of February.

DALHOUSIE UNIVERSITY

Frosh Week

- CAPSI Dodgeball was held during frosh week. All students were invited to come out and play. Pizza and water were ordered for a snack. There was a great turnout. Left over CAPSI backpacks from last year were given as prizes to the winning team.

Evolve Career Fair

- A table was set up and was used as an opportunity to inform students about CAPSI
- Backpacks and agendas were handed out
- PDW was promoted; a draw was held for \$50 towards PDW
- The IPSF rep showed a video he created and talked to students about the exchange program

Competitions

- Overall they went fairly well, although the number of participants was a little disappointing, especially considering the high cost of attending PDW in Saskatchewan from Halifax.
- Compounding – 3 teams, would of liked to see more participation but it went well anyway
- Over the Counter – 7 participants
- Patient Interview – 6 participants
- Student Literary Challenge – 6 entries

Symposia

- The fall symposia was held on November 18, 2010
- Allison Bodnar, Executive Director of the Pharmacy Association of Nova Scotia came in to talk to the students about Drug Reform in N.S.
- Turnout was excellent, the room was full and there was JUST enough pizza.
- The talk was very well received; students were very interested and had many questions.

Diabetes Awareness Campaign

- The local IPSF rep designed a video containing educational information about Diabetes to email to all the students. The reps hope to do a few more things for the campaign during PAW.

Ax-iz Financial

- The disability insurance presentation was held immediately prior to a scheduled 4th year class. Almost the entire 4th year class attended. Sharon Kinsman, the local Ax- iz rep met with Sarah Creaser and the 4th year class president before the Presentation. She was very keen and eager to get involved with the class and offered to help with a grad class fundraising event.

CPhA Lunch and Learn

- Held on December 7, 2010
- Christine Dalglish got in touch to do a lunch and learn promoting CPhA
- She arranged for Betty Hutt, PEI's board member, to come and speak on behalf of CPhA
- Pizza and pop/water were supplied by CAPSI with reimbursement from CPhA
- There was a great turnout with approximately 75 people in attendance
- Betty spoke of the importance of CPhA membership, how to register, textbook discounts offered to student members, and details of the CPhA conference



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MEMORIAL UNIVERSITY OF NEWFOUNDLAND

CAPSI hosted a forum of which the dean, a community pharmacist and hospital pharmacist/professor, came to speak regarding “The ins and outs of contract signing”. There were 94 students who attended and CAPSI sponsored the pizza/drinks.

The dean and faculty suggested the topic for the winter semester. They believe that a “Compounding in Pharmacy” would be interesting, and they suggested one of the students who had completed the Compounding course in the summer to be one of the speakers. It was thought it would be a good idea as well to get pharmacists from the “Compounding for Wellness Centre” come and speak as well. The date for this is tentative.

The faculty believes that MUN’s students would benefit from a forum around “Stress Management”. In the past, it was said that CAPSI had put this on and it had good success, but there are no records saying that it went ahead. A lot of the students have expressed interest in obtaining information on how to manage the workload and so it was thought that it would be a good topic for CAPSI to sponsor. Planning of this would be for it to be held at the end of September/beginning of October which is after the Career Fair and before the midterms start.

The Ax Iz financial presentation was held and most, if not all, 4th year students attended. The presentation went over very well.

MUN’s Guy Genest winner was chosen from 4 applicants.