

The background of the entire page is a light gray with a pattern of faint, overlapping chemical structures. These structures include various hexagonal and pentagonal rings, some with double bonds, and several circular nodes of different sizes connected by thin lines, resembling molecular models or network diagrams.

CANADIAN ASSOCIATION OF PHARMACY

---

# CAPSIL

---

STUDENTS AND INTERNS LETTERS



# President's Message

Dear CAPSI Members,

As summer comes to an end, this marks the successful completion of another school year or rotation/placement. I hope you have all enjoyed your past year as CAPSI members and have made the most out of our CAPSI events, fundraisers, conference (PDW) and competitions. Your CAPSI National council has worked year round to ensure members such as yourself have opportunities for professional development.

I am pleased to say that I have noticed an increase in participation in

our membership this past year and I contribute this rise to the enthusiasm and drive you all have to excel as pharmacy students.

Your 2015-2016 National Council has had the pleasure of organizing valuable experiences and opportunities at your pharmacy school. On the National level, we have thrived to increase our presence within other health care professions to ensure the expertise of pharmacists are shared with our allied professions.

I would like to take this moment to congratulate all the graduates across our 10 pharmacy schools in Canada. You have each completed a major milestone as you endeavour into your professional careers. On behalf of CAPSI National, I wish you all the best as the next generation of pharmacists. I would also like to thank our long standing sponsors for their continual support of CAPSI and our initiatives.

As my last Presidential letter, I would like to personally thank you for being a CAPSI member this year and contributing the Association's success locally, nationally and internationally. I look forward to meeting more members this year as I am truly inspired by the accomplishments pharmacy students are achieving across Canada. I am reassured that our profession will keep advancing based on the great student advocates and bright minds we have at each of our schools.

This time of year also marks the beginning of our journey into the new school year. I encourage you to embrace the knowledge and skills you develop from both academics and CAPSI events to make a positive impact within the pharmacy profession. Keep your eyes out for all the upcoming opportunities we have planned for the 2016-2017 year.

It has been an absolute honour to serve you as CAPSI National President this past year and I wish you all great success in your future endeavours.

Best wishes,

Kavetha Selvathilagan  
CAPSI National President 2015-16  
University of Waterloo



# Editor's Message

Hello again CAPSI Members!

It is with both excitement and sadness that I write my last Editor's Message of my term as CAPSIL Editor. I feel like I've been saying similar phrases a lot lately, having recently graduated (finally!) with my B.Sc.Pharm. Saying goodbye to many of my classmates, starting my new job in pediatric intensive care, and trading in daily lectures for daily rounds have made for a very tumultuous last couple of months.

One thing I've realized over this time is just how much of an impact we can make on the lives of others. I had a very surreal moment during the multiple choice portion of the PEBC...I read one of the questions, and suddenly had a vision of one of my past preceptors in my head, explaining that very topic to me on one of my rotations. I did consider for a moment that this was a psychotic break brought on by exam stress, but once I had ruled that out, I had sort of a profound moment! It sounds cheesy, but I realized in that moment the importance of practicum and co-op in our education. Practicum is more than a break from the classroom, it's a time for mentorship. Each preceptor you have can offer unique perspective, stories, and methods for practice...things you just can't get from a textbook. And they will offer you this wisdom, if you let them. As I reflect back on my own practicum experiences, I realize that I may not have utilized these opportunities to their full benefit. So, if I may offer my own little bit of wisdom, as the proud owner of a shiny new B.Sc.Pharm., I would encourage you to maximize these chances. On your next practicum, focus less on impressing your preceptor with your knowledge, and instead try to learn as much as you can from them. Ask them about memorable patients they've had, what their favourite clinical focus area is and why, or if they would change anything about their career trajectory. You may be surprised by what you learn.

But it's not only about those that impact us; I also want to emphasize the effect we can have on others as well. Consider how many patients you see daily while at work or on practicum. Those are all people whose lives you touch, each and every day. It's important to remember that while it may be "just another day" for us, one filled with stress and frustrations, it may be a significant day for one of your patients. It may be the day they found out they had a heart attack, or the first time they're walking again after surgery. It may be the day they decide to begin palliative treatments, or the day they're being discharged. It may be the day their first child is born. It may be the day they are diagnosed with cancer. With all these things going on all around us, it's important as healthcare professionals to make each interaction with a patient a significant one. Remember that your patients are people, with their own full lives, goals, and stresses, and not just a counselling or med-rec session you have to complete. Do you remember the gravity that you felt when you first began pharmacy school? How every patient seemed so important to you? I urge you to feel that gravity again, and to remember to take time to be mindful of each patient and their unique needs, history, and circumstances.

On another note, I would like to thank you, reader, for taking time to peruse the CAPSIL. I have been proud of my work on it this year, and am happy that the articles submitted by CAPSI members, and the work done by the Translation Committee, have had a chance to be viewed by other students within Canada. I have thoroughly loved my time on CAPSI National Executive Council. It was a pleasure to work with the other members of CAPSI from all over the country, and I know I am leaving the Editor's job in good hands as Darren Reithmeier of the University of Saskatchewan takes over. CAPSI allowed me to connect with other pharmacy students from across Canada, so if you're looking for an extracurricular activity that offers such an opportunity, look into joining CAPSI either at the national or local level!

As I take the next step into my new career, I find myself both excited and nervous for what is to come. Although I will miss my time as a pharmacy student, and as a CAPSI member, I know it's time to take the next step and spread my wings. I look forward to continuing to be inspired by the achievements of CAPSI members for years to come.

Wishing you all the best in your future endeavours,

Leah Pritchett  
CAPSIL Editor 2015-16  
University of Manitoba



# CSHP CORNER SPRING 2016 UPDATE

Samantha Cunningham  
CSHP National Student Delegate  
University of Saskatchewan



I hope everyone is enjoying the beginning of the warm summer months wherever your summer has taken you! For myself, at the beginning of my busy residency year, I'm jealous of any of you who have the opportunity to take some holiday time this summer! Enjoy it!

Here are a few updates for you all regarding CSHP upcoming events and the ever-daunting residency applications.

## Residency Applications

For those of you hoping to start residency next summer or fall, it may be time to start thinking about your application. You can find some great general information about residency here: [http://www.cshp.ca/programs/residencytraining/index\\_e.asp](http://www.cshp.ca/programs/residencytraining/index_e.asp).

Most residency applications are due between October 1 and November 1, so summer may be the time to start thinking about which programs you're applying to. Speaking from personal experience, waiting until school starts up in the fall can make this process a lot more stressful than it needs to be.

A list of accredited residency programs, with specific deadlines, descriptions, links and contact information is available at [http://www.cshp.ca/programs/residencyTraining/accreditedPrograms/index\\_e.asp](http://www.cshp.ca/programs/residencyTraining/accreditedPrograms/index_e.asp). Each program will have different requirements for the application process, so read carefully or contact the program coordinator with questions.

To apply to any residency program in Canada you must create an account on the national Residency Matching Service (RMS), which will open in early September. This website is where you will rank the programs you interviewed with, and where the results of the match will appear in January. For more information on the residency matching service go to [http://www.cshp.ca/programs/residencyTraining/applicants/rms\\_e.asp](http://www.cshp.ca/programs/residencyTraining/applicants/rms_e.asp).

Best of luck to everyone applying!

## Looking for more networking or volunteer opportunities?

CSHP's conferences are amazing opportunities to gain more insight into the different

areas of pharmacy practice and meet people and employers from across the country.

The Professional Practice Conference (PPC) is held every February in Toronto, Ontario ([http://www.cshp.ca/events/ppc/index\\_e.asp](http://www.cshp.ca/events/ppc/index_e.asp)) or head to the beautiful Rocky Mountains in March for the Banff conference ([http://www.cshp.ca/events/BanffSeminar/index\\_e.asp](http://www.cshp.ca/events/BanffSeminar/index_e.asp)).

On top of these, each local CSHP branch holds many events each year; contact your local CSHP representative for more details.

Hopefully I'll see you around at some of these events!

Don't forget to sign up or renew your CSHP membership at [http://www.cshp.ca/membership/StudentSupporter\\_e.asp](http://www.cshp.ca/membership/StudentSupporter_e.asp).

Have a great summer!



## THANK YOU TO OUR CAPSI CLUB SPONSORS PLATINUM



## GOLD



CANADIAN  
PHARMACISTS  
ASSOCIATION

ASSOCIATION DES  
PHARMACIENS  
DU CANADA



## SILVER



## CLUB



## Thank You to the Translation Committee!

Elizabeth Allen  
Laurent Béchar  
Alexandre Slusarek  
Jessica El-Khoury  
Chloé Petit  
Charlotte Payette  
Verina Sieu  
Karine Pilon  
Natalie Nguyen

Winnie Teng  
Antoine Larochelle  
Cynthia Tan  
Jennifer Butler  
Sarah Hyslop  
Ashleigh Snell  
Sydney Saunders  
Meghan Butt  
Caitlyn Walsh

Ran Shu  
Sasha Farina  
Danielle Losier  
Mashael Saleh  
Emma Murray  
Bradley Wong  
Carolanne Caron  
Annie Yan  
Emily Klekta

Jena Bennett  
Linnea Shackel  
Carmen Tetrault  
Anaïs Paré  
Kevin Youssefian  
Jean-Félix Côté  
Camille Benoit  
Pierre Thabet  
Tayyaba Mawani



# THE FUTURE ROLE OF PHARMACY IN PERSONALIZED MEDICINE

SEIWON PARK - UNIVERSITY OF TORONTO

*“Imagine taking a painkiller, expecting the pain to slowly subside - but puzzlingly and frustratingly enough, discovering that it has essentially no effect...”*

Upon further investigation, it is determined that you are a “poor metabolizer” of codeine due to a genetic mutation in CYP2D6, which prevents you from experiencing its full analgesic effects. This example demonstrates the prevalent “one-size fits all” mindset of the medical world, which belies the reality that the majority of humans have genetic variations that impact how their bodies metabolize drugs, which can reduce the effectiveness and safety of hundreds of common prescription medications such as warfarin and clopidogrel. As an alternative to employing trial-and-error therapies that can cause needless suffering, the development of personalized medicine is offering a powerful predictive tool that can ensure the right medication and the right dose for the right patient, every time.

Personalized medicine has boomed in the last decade in the public and clinical arena: as a medical model that customizes healthcare to the individual, it is instrumental in leveraging genetic information to optimize drug therapy outcomes and minimize adverse drug events. In order to successfully be a part of routine medical care, personalized medicine requires collaboration from health care

professionals to make the best informed medication choices for that individual’s therapy. In particular, pharmacists can play a critical role in making personalized medicine accessible to the wider community and establish themselves as personalized medicine experts in their communities, which has significant implications for the profession of pharmacy.

Given that they are drug experts, pharmacists are uniquely positioned to promote awareness and accessibility to personalized medicine to patients.

Firstly, pharmacists have already been demonstrating their ability to expand their scope of practice by offering patient care services in the community

such as medication therapy management, flu shots and vaccinations, and point-of-care testing, and promoting pharmacogenomics services would be a viable next step. In fact, the “Genomics for Precision Drug Therapy in the Community Pharmacy” project is currently a research project that involves community pharmacists across British Columbia collecting saliva samples from patients in order to test the role pharmacogenomics can play in determining medication selection and dosages. Accordingly, pharmacists can offer pharmacogenomics services by taking tissue or saliva swabs of patients and sending them off to qualified laboratories, where they would be analyzed for biomarkers and then the data would be relayed back to the pharmacy. Not only would this strengthen the patient-centered image of the pharmacy, but it would also demonstrate the ability of the pharmacy to adapt to changes in health care and integrate modern technology.

*“...personalized medicine is offering a powerful predictive tool that can ensure the right medication and the right dose for the right patient, every time.”*

Secondly, pharmacists are known as the drug experts of the medical community. Pharmacists can apply their expertise in the field of pharmacogenomics by characterizing, predicting, and applying the relationship between patient’s genetic variants with their clinical outcomes in the healthcare setting. They are able to identify gaps in treatment due to genetic variances, such as reduced efficacy or increased toxicity, and communicate within the circle of care to ensure favorable therapeutic outcomes. Not only will this strengthen the pharmacist’s relationships with other health care professionals but it will also

involve the pharmacist to an exceptional extent in making key treatment decisions.

Lastly, community pharmacists have been lauded

as the most accessible health care professional to patients, and additionally, there are thousands of community pharmacies across the country. Personalized medicine is clearly able to benefit a large population, but the challenge lies in making the technology widely accessible; by having pharmacies at the forefront of pharmacogenomics services, more people will have access to this testing and ultimately, more people will benefit.

Now, imagine that you have your entire genome accessible, simply from a swab that was taken at the pharmacy. Given that your unique genetic content is available to health care professionals, you are able to reap the full benefits of health care to ensure you have a medication that is appropriate, safe, and effective. Ultimately, pharmacists will be able to play a significant role in personalized medicine.



# The Future of Pharmacy

Kelvin Yam, University of Waterloo  
Winner of University of Waterloo's 2015 CAPSI Wicked Stories Competition

A note from the author: The purpose of this poem was to personify the profession of pharmacy in a creative, light-hearted, and humorous way that relates to the way I and many other modern pharmacy students and pharmacists feel. It touches on key topics in pharmacy practice, such as expanded scope, technology, public perception, billing codes, autonomy, clinical services, disparities, and skims the surface of the unknown future. Using rhyme and allusions, my goal was to encapsulate the many thoughts and issues that cross my mind as a pharmacy student in a freestyle medium riddled with a hint of satire and sarcastic tone before ending off incompletely with an exclamation. So peer away into my mind, but remember to read it with an open mind! I hope you will enjoy it.

I am older than the pyramids And changing faster than the seas Keeping up with drugs and technology Has never been easy	We are pharmacists Your medication therapy experts, I quote Clinical services need expanding Healthcare models need to be changing	We are experts you can trust Tell me how can I practice Without billing codes for us? It's ridiculous when I think We are the only professionals these days Who cannot bill for our services Are they supposed to be free, anyway?	And even vaccines, too! For years we've been neglected As a profession we were ignored Now they know we are valuable We shall fight with our sword
My scope is expanding And I am evolving My people are groaning But my importance is growing	With the population aging We can't just be talking about savings!	My Californian friends make more Almost double my pay But pharmacy is about helping Your patients each day	Stand up for ourselves Be confident in our skills Put our patients first And defend what we will
My people use mortars Perhaps pens and computers too The script count is too low Oh! Should I bill for that too?	It's been a long battle For prescribing rights and all Identity crisis in pharmacy We're health professionals, after all!	I do smoking cessation And MedsCheck reviews I give pharmaceutical opinions	I'm conflicted, I'm confused With what my future will be But the future is what we make it —The future of pharmacy!
Don't mistake us for pill pushers Or bean counters in white coats	We need autonomy as providers		



UNIVERSITY OF TORONTO  
LESLIE DAN FACULTY OF PHARMACY

INDUSTRIAL PHARMACY  
RESIDENCY PROGRAM

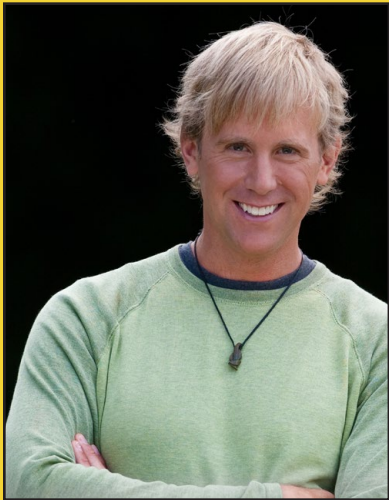
Original application forms, letters of reference and transcripts for the one-year Industrial Pharmacy Residency Program, sponsored by the Leslie Dan Faculty of Pharmacy, University of Toronto, in cooperation with the participating companies, should be sent to the coordinator of the program 144 College Street, Toronto, ON. M5S 3M2 during the period of September 1, 2016 to October 1, 2016. The participating companies for the 2017-2018 term are expected to be Allergan Inc., Apotex Inc., Astellas Pharma Canada Inc., Biogen Idec Canada Inc., Eli Lilly Canada Inc., GlaxoSmithKline Inc., Hoffmann-LaRoche Ltd., Sanofi Pasteur. For further information, please contact the coordinator, Dr. Ping I. Lee at 416-946-0606 or the executive assistant, Diana Becevello at 416-978-2880. Full information is provided at the website: [www.pharmacy.utoronto.ca/residency-programs/industrial-pharmacy](http://www.pharmacy.utoronto.ca/residency-programs/industrial-pharmacy).

January 4-7, 2017  
BEYOND BOUNDARIES  
PDW 2017  
AU-DELÀ DES LIMITES



Brave the cold prairie winter and come and experience PDW 2017, hosted in Winnipeg, Manitoba! Broaden your horizons when you sample the culture of many different countries as PDW brings Winnipeg's famous Folklorama festival to the conference on culture night! And, break out your best flapper dresses for the 1920's-themed 3rd annual Canada's Next Top Pharmacist competition. Make sure you're ready to cheer on your university's contestant in style!

PDW 2017 also has great speakers lined up! The keynote speaker, Deri Latimer, inspires us all to create happy, healthy, humane places for people to work and live! From an isolated northern community to the TEDx stage, Deri Latimer has learned how to apply the 3 R's to her experience of life (Reflect, Rethink, Reframe)! Turning personal tragedy into purposeful passion, she transforms research in neuroscience, positive psychology, and human performance to deliver a message that is loaded with simplicity and practical application.



The motivational speaker, Bruce Kirkby, is an award-winning explorer, writer, and photographer. His adventures have included the first modern crossing of Arabia's Empty Quarter by camel, a raft descent of Ethiopia's Blue-Nile Gorge, a sea kayak traverse of Borneo's northern coast, and a coast-to-coast trek of Iceland. Encouraging audiences to get out of their comfort zones, think creatively, and take calculated risks, his belief in human potential is contagious.

PDW 2017: Beyond Boundaries. Don't miss it!





# SCHOOL SHOWCASE

## WATERLOO

UW CAPSI strives to bring excellence in education, community service and promote unity among our members. We have had a busy 12 months and are proud to be an integral part of student life at the University of Waterloo. This past summer, we raised over \$1000 for Juvenile Diabetes Research Foundation with our annual beach volleyball tournament and sports weekend. This year, we saw the launch of CAPSI-DERM, a unique skincare series delivered in partnership with La Roche-Posay. Our OTC Week was a hit with trivia night, a lunch and learn, and our social media challenge. We spiced things up with a creative topic on anti-counterfeit drugs for our IPSF campaign, and hosted a very popular mock OSCE event.

### Professional Development Week 2016

Waterloo was proud to host our first-ever Professional Development Week 2016 in scenic Niagara Falls, with 600 pharmacy students from across Canada. We saw an attendance of 135 UW student delegates, national competitors and award winners. UW CAPSI was proud to bring home 2nd place for the IPSF Health Campaign Award and 3rd place for the Award of Professionalism.



### Waterloo's Next Top Pharmacist

We had a blast at our revamped Waterloo's Next Top Pharmacist event, now a gender-neutral pageant, and donated \$500 to the United Nations Refugee Agency. UW students came out to support their classmates at one of our most anticipated events of the year. This year's mock-beauty pageant featured a professional and costume wear catwalk, a drug spelling bee and a talent showdown.

### Pharmacist Awareness Month 2016

UW CAPSI's theme for Pharmacist Awareness Month 2016 was Pharmacy: The Next Generation. Students are the future of pharmacy and will be embracing new expanded scopes of practice. Throughout this month, we aimed to unite students and promote our profession. UW CAPSI was proud to present our vision for the future of pharmacy practice, as showcased in our PAM

promo-

tional video. Check it out here: <https://www.youtube.com/watch?v=p-BEpo4lhV8E>

PAM was an action-packed month for UW students with a variety of events that included: PAM Kick-Off Breakfast, Hospital Pharmacy Symposium, I <3 My Pharmacist T-Shirt Sales, Kids & Medicine, Operation Wash-Up, and Operation Butt-Out Presentations, Pharmacy & Business Trivia Night, Conestoga Mall Health Fair, Pharmacist Meet & Greet, Instagram Photo Booth, New Grad Panel, Interprofessional Case Study, CANBuild, Social Media Challenge, De-Stress Yoga IPSF Fundraiser, Evidence-Based Medicine Competition.



# SCHOOL SHOWCASE

## BRITISH COLUMBIA



Hello and welcome, from all of us here at CAPSI-UBC. We just wrapped up a very busy year and now preparing to welcome the Class of 2020, the second year of the new UBC PharmD program. We are excited and looking forward to the new year ahead!

We started off the year in September with CAPSI's annual textbook sale, where students from all years can purchase important textbooks at discounted prices. This is an opportunity for new incoming students to find out more about CAPSI and observe firsthand CAPSI's dedication to addressing student needs.

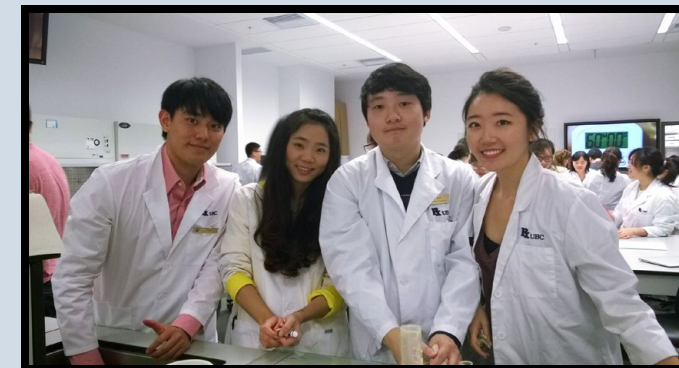
We then followed up with Career Avenues in Pharmacy, a joint event held by CAPSI and the Faculty of Pharmaceutical Sciences. This event provides a wonderful opportunity for all students receive exposure to and explore various career opportunities within the world of pharmacy. It is also a great opportunity for students to speak to and network with representatives from a large number of organizations.

Entry is free for students and refreshments and amazing door prizes are on offer.

In late October, CAPSI made a special night even more special by selling roses and personalized cards to be delivered during Pharmacy Gala Night. Students can purchase and send these personalized gifts to friends and loved ones to show their appreciation.

CAPSI led off early November by hosting the annual Mr. Pharmacy event at the UBC Student Union Building Ballroom. The event allows students to take a break from the rigor of academics, interact with fellow classmates, and enjoy an entertainment filled evening. Four contestants battled it out for the coveted Mr. Pharmacy title by showing off their cat walk, trivia skills, and other special talents. Congratulations to first year student Nikolay Todorov on winning the event!

We held the annual Pharmacist Awareness Month (PAM) event in March. Throughout this month, students have the opportunity to advocate for the profession of pharmacy and the expanded roles pharmacists can have in both the community and hospital setting. The on-campus events include the Pharmacy Information Evening (PIE), a talent showcase, and many more.



In celebration of PAM, CAPSI UBC held its annual Symposium. The CAPSI Symposium series invites different speakers to present and highlight different topics which students may not have exposure to during their curriculum. The theme for this year was "Innovations in Rural Practice Settings", and our speakers provided unique insight into how pharmacists can enhance clinical care services in these communities. The event was highly successful and we look forward to developing the Symposium series further.

We started a novel initiative this spring called the "CAPSI Student Lead Course Review". The goal is to develop short lectures that covers different topics in the previous academic year and have students deliver these lectures to fellow classmates towards the end of August. This model is expected to lead to a quick refresh of knowledge for all students, greater collaboration amongst classmates, and the development of more effective study tools to be used in the future.

CAPSI is kicking off the summer by hosting the annual Summer Student Research Program (SSRP) Barbeque Fundraiser. This event allows new incoming students to network with other students, faculty members, and SSRP professors. It's an excellent opportunity to develop interprofessional relationships by interacting with students and faculty members of other health disciplines.

Here at CAPSI, we are excited to carry on these initiatives and build new ones. Most of all, we look forward to engaging the student body and be recognized as an organization dedicated to the development of great pharmacists in the future.





# SCHOOL SHOWCASE

## TORONTO

### UofT's CAPSI Local Council

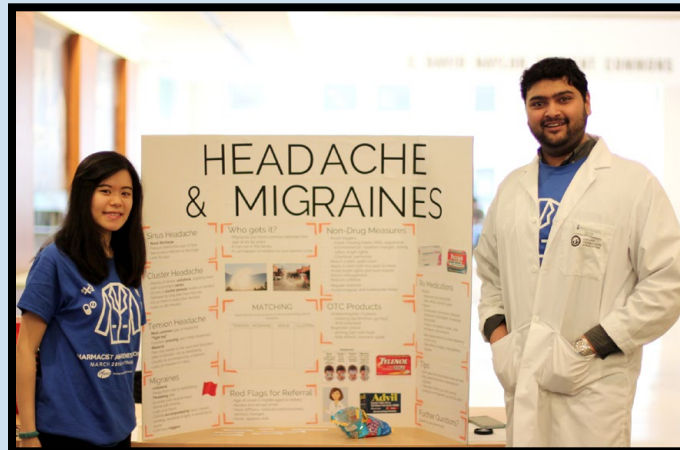
At UofT the 2015 – 16 CAPSI local council worked hard to bring students a variety of events and CAPSI competitions. We are so excited to showcase some of the things we have done this year! Our council consists of ten members: CAPSI Senior and Junior representatives, IPSF Senior and Junior representatives, and two representatives from each of the first year, second year, and third year classes.

### Phrosh Week

CAPSI participated in the Clubs Fair during Phrosh where we talked to students about the perks of being a CAPSI member. At UofT pharmacy students are automatically CAPSI members! We then welcomed the incoming class with an Ice Cream Social. There was a choice of Birthday Cake or Chocolate Fudge Brownie ice cream. Students also received their CAPSI backpacks and agendas during the social which got them ready for back-to-school.

### Pharmacist Awareness Month (PAM)

The month of March was filled with opportunities for students to get involved and learn more about providing exceptional care to patients. CAPSI, IPSF, and UPS teamed to host an amazing Pharmacist Awareness Month. Through Community Outreach Booths students promoted the pharmacy profession to students on campus. We also organized Kids In Medicine presentations for children in the community. Our students taught the children either about allergies or proper hand washing techniques.



CAPSI hosted a whole week of activities including the CAPSI Symposium on Technology where John Papastergiou discussed how he integrates novel technology into community practice. Students were quite interested to see how he uses his unique background in clinical research to explore expanded roles for community pharmacists. Also, our second year CAPSI reps planned an Interprofessional Panel consisting of a Pharmacist, Physician, Nurse, Social worker, and Occupational Therapist. The panel provided great insight on how they would approach a patient case and their experiences working in interprofessional team settings.

Furthermore, IPSF held their Anti-Counterfeit Drug Campaign during this time. Dr. Jillian Kohler discussed policies regarding counterfeit drugs and an Officer from the Toronto Drug Squad gave students insight on the presence of counterfeit drugs in Toronto. IPSF also hosted several booths to raise money for Plan Canada. There were several fun activities at the booth and they even had vials filled with candy for sale. Through their efforts the student body

came together to stock a pharmacy in a developing country!

### Toronto's Next Top Pharmacist (TNTF)

This year UofT renamed their annual "Mr. Pharmacy" event to "Toronto's Next top Pharmacist". On March 24th contestants from all years competed for the crown. There were both female and male participants. They completed several challenges such as lab coat modeling and deciphering hard to read prescriptions. We also had a talent portion where participants showcased their amazing abilities! They put on an amazing show and in the end our winner was Anushya Vijayaraghevan from the class of 1T8. The money raised at this event was donated to Free the Children, which was Anushya's charity of choice.



# SCHOOL SHOWCASE

## ALBERTA



### Welcome Back Volleyball Tournament and BBQ

As a way to welcome back our students for another fun-filled year of pharmacy, every September, we host our Beach Volleyball Tournament/BBQ! Students from every level can duke it out on the court for a slice of glory, or share a hot dog or two with friends. But, hot dogs taste better with glory. Free swag is, as always, a plus, and it being provided by Shoppers Drug Mart!

### CIBC Run For The Cure

University of Alberta Pharmacy students spent Sunday morning, October 4th, running, walking, and, in some cases, crawling in the CIBC Run for the Cure! Their efforts raised \$17,000 for Breast Cancer research! We placed as one of the top four teams in the

Edmonton area and were awarded the prize for "most money raised" in the Edmonton Post-Secondary Institution Challenge! We want to thank all of our supporters: this run would not have been possible without your contributions! A big congratulations to the U of A Pharmacy students that participated in the run! You continue to amaze us with your hard work and determination!

### Interprofessional Lunch and Learn

This year as a part of Pharmacist Awareness Month (PAM) we have invited students from pharmacy, medicine, and nursing faculties in order to help students gain insight into the inner workings of true interdisciplinary care and how they can incorporate it into their future practices. A cardiology team from the U of A hospital including Dr. Sheri Koshman - a pharmacist, Dr. Michelle Graham - a Cardiologist, Lindsey Wallace - a Registered Nurse, and Elizabeth Woo - a Dietitian, explained how Interdisciplinary healthcare functions in real practice.



### Pharmacy Mixer

Each year Pharmacist Awareness Month (PAM) gives students the opportunity to get involved in educating Canadians about the incredible contributions that pharmacists make to our health care system. This year we had many exciting, educational events that extend from Lunch and Learns to the Osteoporosis Clinic at West Edmonton Mall! We celebrated the end of PAM with a speed-mentorship Social Mixer at the RATT. The mixer was a great night of networking, socializing, prizes, and an opportunity to learn more about our profession from licensed Pharmacists. We celebrated the great strides that our profession has made, and discussed pharmacy-related topics with practicing pharmacists.







Do you enjoy reading the CAPSIL?

Are you English-French bilingual?

Would you like to get involved with an organization that connects pharmacy students across Canada?

Are you interested in helping to improve the quality of translated material for CAPSI National?

If you said yes to the above, consider joining the CAPSI National Translation Committee for the 2016/2017 year!

You'll help translate materials for the CAPSIL, CAPSI National Elections, and more!

The time commitment required is flexible, and would look great on your resume!

You'll also have a chance to win a cash prize, awarded to translators with outstanding contributions.

Interested? Contact your local CAPSI representatives, or contact the CAPSIL Editor directly at [capsil@capsi.ca](mailto:capsil@capsi.ca)